

“One of my favorite aspects of the Katie Retreat is having the opportunity to connect with women who are pastors’ wives like me. It is refreshing for me to interact with women who can relate to my experiences and offer me advice, support and prayer.” -Jovita Nack



Fall 2021

Dear Sisters in Christ:

For more than a decade, the wives of Indiana District LCMS pastors have been gathering for the Katie Retreat, a time of refreshment and spiritual growth. Once again this year, as part of COVID precautions, we have elected to offer the retreat in a hybrid fashion for a single day, **Saturday, Feb. 19, 2022.**

We have an exciting program, **“Growing Grace-Filled Families,”** featuring keynote speaker **Christina Hergenrader**, award-winning author and teacher whom you may have heard speak at LWML on a national level. As a bonus, **Brenda Jank**, founder of *Run Hard. Rest Well.* will share “A Rest That Works.” *You can read more about them on pages 3 and 4.*

For a small fee, you can share in this experience with an internet connection either from your home or at one of the host sites where women will gather in smaller groups to hear and see the program. There will be time to get to know one another with times of discussion and reflection, with breakout rooms for those attending from their own homes.

We’ve also extended the invitation to the wives of seminarians and vicars in the Indiana District and added Concordia Theological Seminary, Fort Wayne, as one of our sites. Brenda Jank will be speaking from this location. Finally, there is an additional option this year for ladies who wish to gather at Camp Lakeview for fellowship. Learn more about it by calling or texting Amy Wiist at (812) 437-6262 no later than Jan. 3, 2022.

∞ Your 2022 Katie Retreat Committee ∞

WHY A ‘KATIE’ RETREAT?

It is in honor of the remarkable wife of Martin Luther -- Katie. We are *all* Katies as we serve together with our husbands in our own unique ways.

Come and participate in whichever way you feel most comfortable, for a time of spiritual and emotional growth. Our goal is to renew, refresh, relax, rest, and develop relationships with other women in the district who are or have been in that special role of being married to a pastor.



Questions about the retreat? Email us at inkatieretreat@gmail.com

OUR 2022 SCHEDULE

All times are Eastern Standard Time:

9:00 AM - Host sites open

9:20-9:30 AM – Some Zoom basics/ **Those joining from home are asked to log in prior to this. time so they will be included in the listings for breakout rooms.**

We will begin promptly at 9:30 AM EST so we can have time to appreciate the speakers!

9:30-9:50 AM – Greetings/Icebreakers

9:50-10:00 AM - Welcome by Indiana District President, Pastor Brege

10:00-11:00 AM – Creating a Culture of Grace in Your Family: Keynote Speaker Christina Hergenrader

11:00-11:15 AM – Break and regroup with singing

11:15 AM-12:15 PM – Extending a Culture of Grace to Your Church: Keynote Speaker Christina Hergenrader

12:15-1:15 PM – Lunch (check notification from host site on particulars for the meal)

1:15 –2:45 PM – A Rest That Works: Brenda Jank (presentation, group activity, and Q&A time)

2:45-3:00 PM – Break and regroup with singing

3:00-4:00 PM – Reaching Our Community with a Culture of Grace: Keynote Speaker Christina Hergenrader

4:10-4:30 PM – Receiving God's grace in worship

FEES:

Lunch will be on your own. If you're attending one of the host sites (see registration form), the hosts will let you know if there are options besides bringing your own lunch.

The fee is \$25 for registration

OR if you're attending the Katie Retreat for the first time, \$15

OR a discounted \$5 registration for wives of current seminarians or vicars

You can pay by check (return registration form) via mail OR register through the district website.

In addition, if you are interested in joining a group of women at Camp Lakeview for the weekend and traveling with them to one of the host sites for the program, you should call or text Amy Wiist at (812) 437-6262 no later than Jan. 3. Cost for staying at the camp will depend upon the number of women choosing this option.

✧ KEYNOTE SPEAKER ✧

Christina Hergenrader



Create a Culture of Grace—in Your Home, in Your Church, and in Your Community

Come, rest in the power of God's love. Learn about the grace that can change a culture. Celebrate your role in sharing this love with those who desperately need it. Our human hearts want perfection from ourselves and everyone around us. We want complete control. We want to earn a reputation as the very best. We really want the world to call us valuable.

But our souls want so much more. Deeper, we need healing, restoration, to know our true value, and to be loved completely. We need God's grace—and so do our people.

Let's look at Ephesians 3:14-21 together. Let's feel God's power, that is already at work in us. Let's celebrate how gloriously wide and long and high and deep Christ's love is.

Through this love, God can change the culture in your home, your church, and your community into a culture of grace.

Join us as we come together to rest, to learn, and to celebrate the transforming love of Christ.

Bio:

Christina Hergenrader grew up in Galveston, Texas, and now lives in Houston. She is wife to Mike, and mother to Catie (16), Sam and Elisabeth (twins, both 14) and Nate (11). She is the author of 11 books. Her Bible studies include *God Loves Moms*; *Starring Roles*; *Love Rules: A Study of the Ten Commandments*; *Family Trees & Olive Branches*; *Shine: Reflecting God's Love*; and *Inspired: Four Faithful Habits*. Christina is an award-winning author and teacher. She teaches religion at Lutheran South Academy and loves to spend time with her family and their rescue Greyhounds at the beach.

Learn more: www.christinasbooks.com

BONUS: A REST THAT WORKS

Brenda Jank



A Rest That Works

Vibrancy and engagement transpire in the Church when God's people run with passion and rest on purpose – routinely refueled, refreshed, and replenished. Are you familiar with “running on empty?” You are not alone! **A Rest That Works** introduces life-giving, biblical, restorative rhythms that equip women to navigate 24/7 from a place of vibrancy, strength, and joy.

***Bio:* Brenda Jank**

As a catalyst for personal and organizational change, Brenda is high energy and story driven, equipping God's people to explore transformative rhythms of work and rest for themselves and those they lead, love, and serve. Founder of **Run Hard. Rest Well.**, Brenda speaks from coast to coast and is a thought leader in the arena of Restorative Wellness. She is the mother of five of the finest, feistiest children ever assembled under one roof. Brenda and her family live in Indiana where her husband, Tim, has been the Executive Director of Camp Lutherhaven for 28 years. Learn more at www.RunHardRestWell.org

Questions about the retreat? Email us at inkatieretreat@gmail.com

Registration Deadline is Jan. 31, 2022

Join our @Katie Retreat Facebook group